

# ACTION KUNG FU - CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons 11-11:30am	Private Lessons 11-11:30am	Private Lessons 11-11:30am	Private Lessons 11-11:30am	Private Lessons 11-11:30am	
					<b>Weapons</b> 11:30-12:30
					<b>Mantis</b> 12:30-2:00
<b>Chi Kung*</b> 6 - 7 pm	<b>Shuai Chiao*</b> Chinese Wrestling 13+ yrs old 6 - 7 pm	<b>Power Strength*</b> 6-7 pm	<b>Yang Tai Chi*</b> 17+ yrs old 6 - 7 pm		
<b>Mantis KF</b> Adult Class 13+ 7:00 - 8:30pm	<b>Shaolin Kenpo</b> All Age Class 7+ White-Purple 7:00 - 8:00pm	<b>Mantis KF</b> Adult Class 13+ 7:00 - 8:30pm	<b>Shaolin Kenpo</b> All Age Class 7+ White-Purple 7:00 - 8:00pm		
	<b>Adv Mantis</b> Adult Class 13+ 8:30 - 10:00pm		<b>Adv Mantis</b> Adult Class 13+ 8:30 - 10:00pm		

\*Classes based on Quarterly sessions. Call for more details.