

ACTION KUNG FU - CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons 11-11:30am	Private Lessons 11-11:30am	Private Lessons 11-11:30am	Private Lessons 11-11:30am	Private Lessons 11-11:30am	
					Weapons 11:30-12:30
					Mantis 12:30-2:00
Chi Kung* 6 - 7 pm	Shuai Chiao* Chinese Wrestling 13+ yrs old 6 - 7 pm	Power Strength* 6-7 pm	Yang Tai Chi* 17+ yrs old 6 - 7 pm		
Mantis KF Adult Class 13+ 7:00 - 8:30pm	Shaolin Kenpo All Age Class 7+ White-Purple 7:00 - 8:00pm	Mantis KF Adult Class 13+ 7:00 - 8:30pm	Shaolin Kenpo All Age Class 7+ White-Purple 7:00 - 8:00pm		
	Adv Mantis Adult Class 13+ 8:30 - 10:00pm		Adv Mantis Adult Class 13+ 8:30 - 10:00pm		

*Classes based on Quarterly sessions. Call for more details.